

# Radical Sex

## Part Two: Seven Strategies for “Radical” Sex



With David &  
Darlene Steele



# Radical Sex

What would make you radically, ecstatically happy with your sex life beyond your wildest dreams?



# Radical Sex



**Radical Sex**  
takes your  
relationship far  
beyond what most  
couples experience.



# Radical Sex

Do you want...

**Daily** sex?

**Kinky** sex?

**Extraordinary** sex?

**Sex whenever you want?**

**Adventurous** sex?





# Radical Sex

## Regular Sex Vs Radical Sex

The difference comes down to three things:

- 1) Take responsibility for what you want.



# Radical Sex

## Regular Sex Vs Radical Sex

The difference comes down to three things:

- 1) Take responsibility for what you want.
- 2) Be clear about what you want.



# Radical Sex

## Regular Sex Vs Radical Sex

The difference comes down to three things:

- 1) Take responsibility for what you want.
- 2) Be clear about what you want.
- 3) Take action towards what you want.



# Radical Sex

## Radical Sex Requirement #1 of 3: **Radical Sex Attitude**

- ❖ Strive to be the best partner you can be
- ❖ Intention to co-create the sexual relationship that you both want.
- ❖ Willingness to be open and adventurous





# Radical Sex

## Radical Sex Requirement #2 of 3: **Radical Sex Action**

Take initiative and responsibility by doing things with and for your partner every day that benefit your sexual relationship



# Radical Sex

## Radical Sex Requirement #3 of 3: **Radical Sex Strategies**

Radical sex requires radical strategies.

Here are seven of them!



# Radical Sex

## Seven Strategies for **Radical** Sex



# Radical Sex

## Radical Sex Strategy #1: Identify your Biggest Dream or Vision for your Sexual Relationship

- ❖ To achieve your goal you must be clear about what it is, in detail



# Radical Sex

## Radical Sex Strategy #1: Identify your Biggest Dream or Vision for your Sexual Relationship

- ❖ To achieve your goal you must be clear about what it is, in detail
- ❖ Talk about what you want with your partner





# Radical Sex

## Radical Sex Strategy #1: Identify your Biggest Dream or Vision for your Sexual Relationship

- ❖ To achieve your goal you must be clear about what it is, in detail
- ❖ Talk about what you want with your partner
- ❖ Create a shared vision for your sex life together



# Radical Sex

## Radical Sex Strategy #1: Identify your Biggest Dream or Vision for your Sexual Relationship

### Radical Action:

Schedule a mini relationship retreat with your partner TODAY.



# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

- ❖ Create emotional safety for yourself and your partner.



# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

- ❖ Create emotional safety for yourself and your partner.
- ❖ Continually take emotional risks.





# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

- ❖ Create emotional safety for yourself and your partner.
- ❖ Continually take emotional risks.
- ❖ Talk to your partner and clarify your needs – nothing is off limits!





# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

- ❖ Create emotional safety for yourself and your partner.
- ❖ Continually take emotional risks.
- ❖ Talk to your partner and clarify your needs – nothing is off limits!
- ❖ Positive response – you both need to be able to count on each other to not reject, turn down, or turn away each other's wants, needs, and desires.



# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

- ❖ Create emotional safety for yourself and your partner.
- ❖ Continually take emotional risks.
- ❖ Talk to your partner and clarify your needs – nothing is off limits!
- ❖ Positive response – you both need to be able to count on each other to not reject, turn down, or turn away each other's wants, needs, and desires.
- ❖ Work to expand your upper limits.



# Radical Sex

## Radical Sex Strategy #2: Practice Radical Intimacy

### Radical Action:

Review and implement Radical Intimacy strategies with your partner.



# Radical Sex

## Radical Sex Strategy #3: Share and Explore all your Fantasies and Desires



- ❖ Give yourself and your partner permission to have and explore all fantasies and desires.





# Radical Sex

## Radical Sex Strategy #3: Share and Explore all your Fantasies and Desires



- ❖ Give yourself and your partner permission to have and explore all fantasies and desires.
- ❖ Find creative ways to fulfill those fantasies and desires.





# Radical Sex

## Radical Sex Strategy #3: Share and Explore all your Fantasies and Desires

### Radical Action:

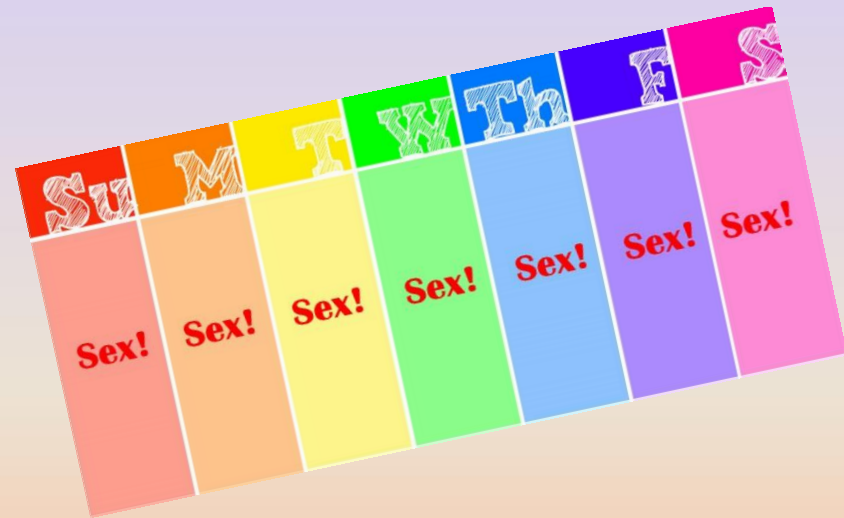
Share your fantasies and desires with your partner as they happen.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

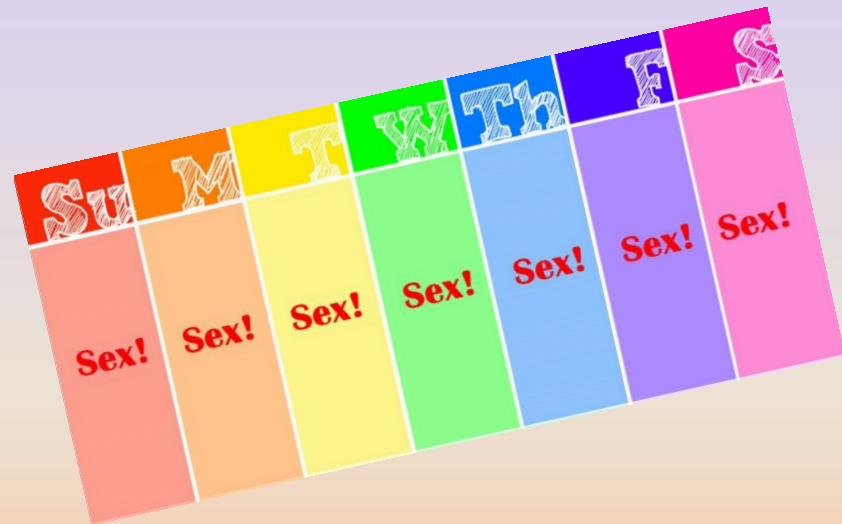
- ❖ Build sex into your routine.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

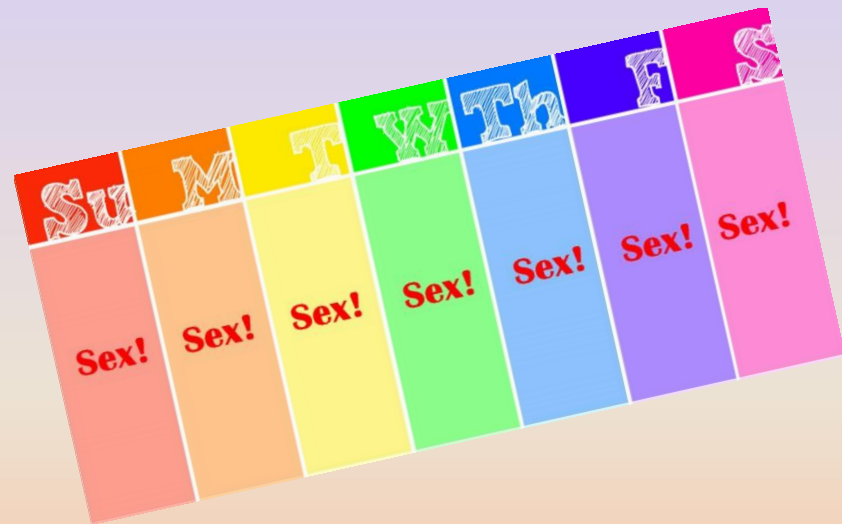
- ❖ Build sex into your routine.
- ❖ When you keep your sex appointment most days, skipping it every once in a while is not a big deal.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

- ❖ Build sex into your routine.
- ❖ When you keep your sex appointment most days, skipping it every once in a while is not a big deal.
- ❖ Daily sex provides comfort and security.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

- ❖ Build sex into your routine.
- ❖ When you keep your sex appointment most days, skipping it every once in a while is not a big deal.
- ❖ Daily sex gives comfort and security.
- ❖ Daily sex doesn't necessarily mean intercourse and orgasm, it can be a more subtle connection.





# Radical Sex

## Radical Sex Strategy #4: Daily Sex

### Example: Private Touching

You touch your partner and your partner touches you in a way that nobody else touches you and nobody else touches your partner.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

### Example: Private Touching

- ❖ We lower our boundaries with our partner and we want them to touch us.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

### Example: Private Touching

- ❖ We lower our boundaries with our partner and we want them to touch us.
- ❖ It's subtle, intimate, and fun all by itself.



# Radical Sex

## Radical Sex Strategy #4: Daily Sex

### Example: Private Touching

- ❖ We lower our boundaries with our partner and we want them to touch us.
- ❖ It's subtle, intimate, and fun all by itself.
- ❖ It expresses your attraction to and appreciation for your partner.





# Radical Sex

## Radical Sex Strategy #4: Daily Sex

### Radical Action:

Initiate a daily routine of private touching. Discuss what would be OK and welcomed, and do your best to lower your boundaries and try things you normally would not.





# Radical Sex

## Radical Sex Strategy #5: Expand Beyond Intercourse

- ❖ Explore what you can do besides traditional intercourse.



# Radical Sex

## Radical Sex Strategy #5: Expand Beyond Intercourse

- ❖ Explore what you can do besides traditional intercourse.
- ❖ Trying different things may lead to finding your new favorite thing.



# Radical Sex

## Radical Sex Strategy #5: Expand Beyond Intercourse

- ❖ Explore what you can do besides traditional intercourse.
- ❖ Trying different things may lead to finding your new favorite thing.
- ❖ Be adventurous and increase your sexual repertoire.



# Radical Sex

## Radical Sex Strategy #5: Expand Beyond Intercourse

- ❖ Explore what you can do besides traditional intercourse.
- ❖ Trying different things may lead to finding your new favorite thing.
- ❖ Be adventurous and increase your sexual repertoire.
- ❖ Instead of doing things separate from your partner, do them with your partner.





# Radical Sex

## Radical Sex Strategy #5: Expand Beyond Intercourse

### Radical Action:

Brainstorm and research alternatives together and try one new “non-traditional” form of sex once a month.





# Radical Sex

## Radical Sex Strategy #6: Learn

- ❖ Continue to discover and learn new things and expand your possibilities.



# Radical Sex

## Radical Sex Strategy #6: Learn

- ❖ Continue to discover and learn new things and expand your possibilities.
- ❖ Books, instructional videos, workshops, classes, and sex coaches are some of the ways to find new things to learn.



# Radical Sex

## Radical Sex Strategy #6: Learn

### Radical Action:

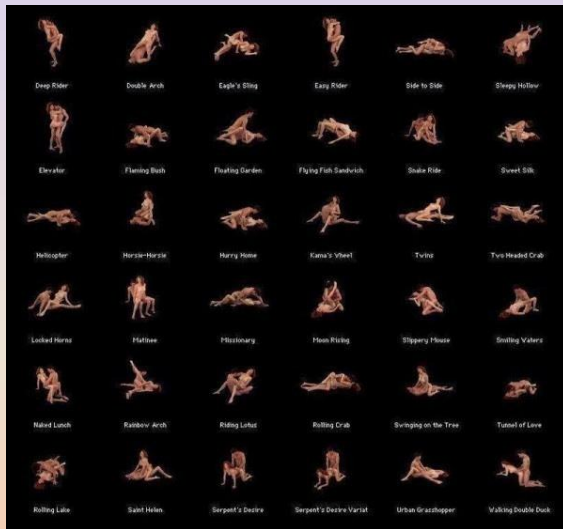
Surf the internet, Amazon, and elsewhere to find books, videos, websites, etc. and select a few to explore with your partner.



# Radical Sex

## Radical Sex Strategy #7: Compile your Radical Sex Playlist

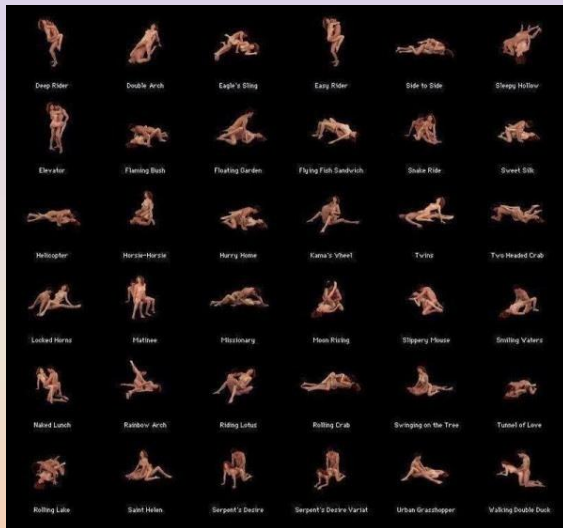
- ❖ Put together a selection of your favorite sexual routines.





# Radical Sex

## Radical Sex Strategy #7: Compile your Radical Sex Playlist



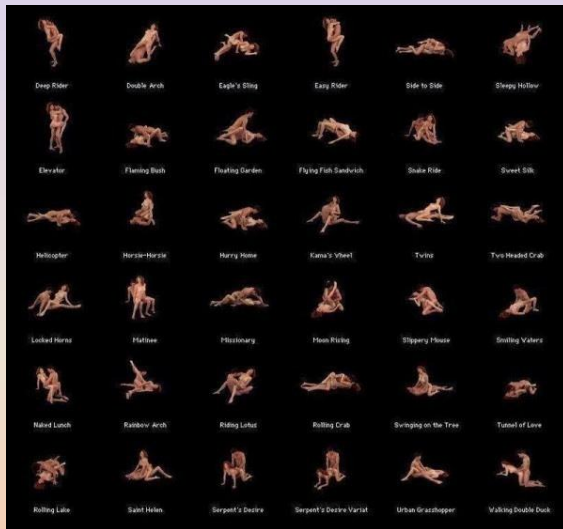
- ❖ Put together a selection of your favorite sexual routines.
- ❖ Continue to add to your playlist.





# Radical Sex

## Radical Sex Strategy #7: Compile your Radical Sex Playlist



- ❖ Put together a selection of your favorite sexual routines.
- ❖ Continue to add to your playlist.
- ❖ Combine your playlist with appointment sex as a way to create anticipation and excitement.

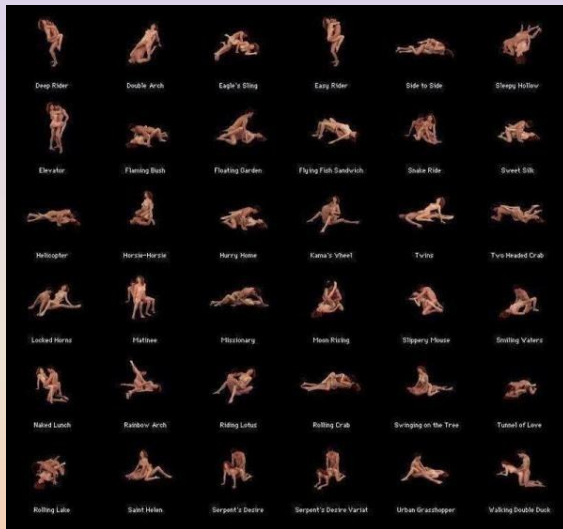


# Radical Sex

## Radical Sex Strategy #7: Compile your Radical Sex Playlist

### Radical Action:

To start your playlist, each partner make a list of your top 3 favorite sexual routines and add over time.



### Examples-

- Toy Day
- Bath Day
- Erotic Video Day
- Pleasure Her Day
- Pleasure Him Day
- Erotic Massage Day



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Practice Radical Intimacy



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Practice Radical Intimacy

Share and explore all your fantasies and desires





# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Practice Radical Intimacy

Share and explore all your fantasies and desires

Daily sex



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Expand beyond traditional intercourse

Practice Radical Intimacy

Share and explore all your fantasies and desires

Daily sex



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Expand beyond traditional intercourse

Practice Radical Intimacy

Learn

Share and explore all your fantasies and desires

Daily sex



# Radical Sex

## 7 Strategies for Radical Sex

Identify your biggest dream or vision for your sexual relationship

Expand beyond traditional intercourse

Practice Radical Intimacy

Learn

Share and explore all your fantasies and desires

Compile your Radical Sex Playlist

Daily sex





# Radical Sex

Make your life  
together your greatest  
adventure.



[www.RadicalMarriage.com](http://www.RadicalMarriage.com)



Thanks for joining us!