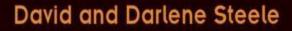
Radical Marriage

Your Relationship as Your Greatest Adventure





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- Paradox of marriage desirable & old fashioned





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- What you see depends upon where you're standing and where you're looking

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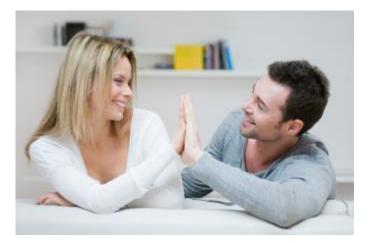
The key to living beyond happily ever after is to recognize and accept that life is a journey, not a destination.

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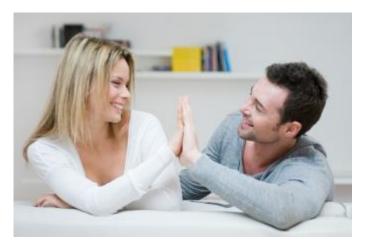
A Radical Marriage requires continual effort, by both partners



Are you willing to embrace a "team" mindset?



Are you willing to take emotional risks?



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Radical Marriage is for couples with a good relationship who strongly believe that they are together for a reason, which is to experience life to the fullest through their relationship

Six Key Elements of a Radical Marriage:





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1. Radical Commitment



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- 2. Radical Communication



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- 6. Radical Living

Radical Commitment

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- Requires 100% investment, physically and emotionally, in attitude and behavior, with no exits



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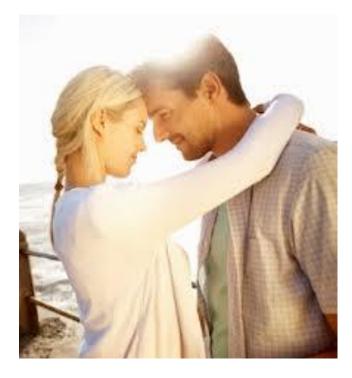
Radical Commitment

- Commitment is the glue that makes marriage work
- Requires 100% investment, physically and emotionally, in attitude and behavior, with no exits
- You prioritize and are committed to your partner's happiness
- You take 100% responsibility for the relationship and your outcomes



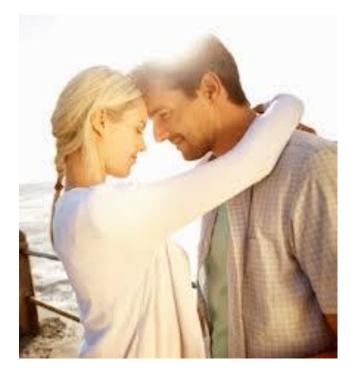


1. I promise to love you every day



- 1. I promise to love you every day
- 2. I promise to choose you first

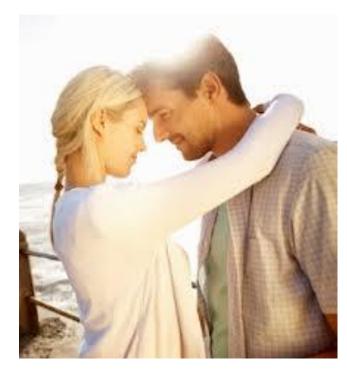




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- 4. I promise to say "Yes"



- 1. I promise to love you every day
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- 4. I promise to say "Yes"
- 5. I promise to be your hero



 Identify issues and assert needs cleanly & positively



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- Tell your whole truth





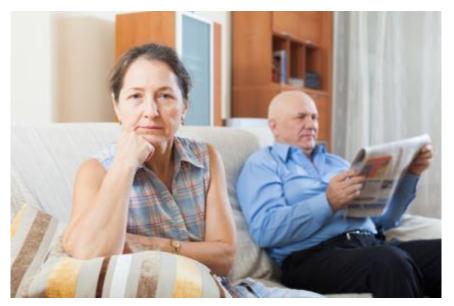
- Identify issues and assert needs cleanly & positively
- Tell your whole truth
- Accept differences



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- Tell your whole truth
- Accept differences
- Own judgments
- Focus on connection more than attachment
- Be willing to listen and be positively responsive



How high, far, and deep do you want to go?



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 Sharing your private thoughts, feelings, wants and needs, fears and secrets and fantasies and desires in a close emotional, physical and spiritual relationship



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Strategy #4: Connection Rituals

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 - Strategy #4: Connection Rituals
 - Strategy #8: Positive Response

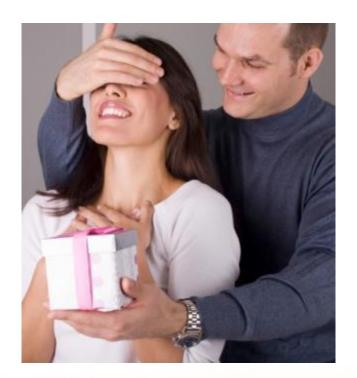


Energetically, creatively, and continuously express your love and woo your partner



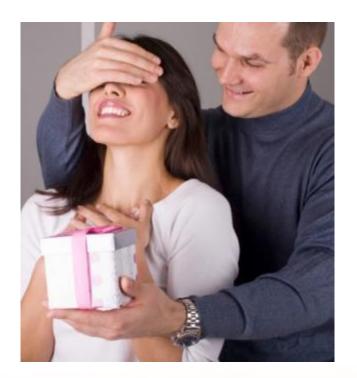
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Radical Marriage Your Relationship as Your Greatest Adventure



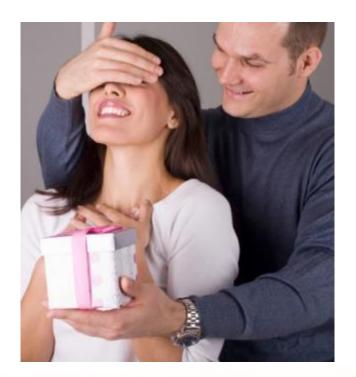
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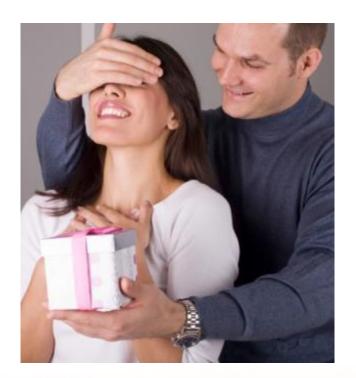
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- Radical Marriage Retreat

Energetically, creatively, and continuously express your love and woo your partner



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- Relationships can fall into routines and need to be nurtured to keep passion alive
- Strategy #1: Radical Marriage Retreat
- Strategy #2: Radical Roman
 "One-Way" Dates

Type One: Create a romantic experience for your partner



- Type One: Create a romantic experience for your partner
 - Type Two: Your partner creates a romantic experience for you



- Type One: Create a romantic experience for your partner
- Type Three: Create a romantic experience for yourself



Radical Marriage Your Relationship as Your Greatest Adventure

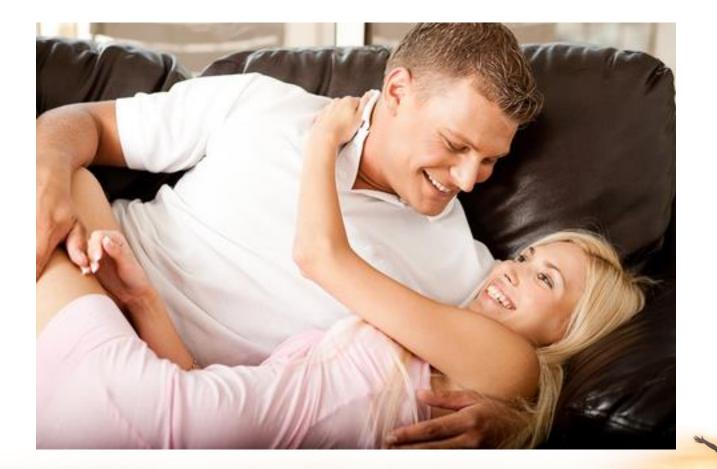
 Type Two: Your partner creates a romantic experience for you

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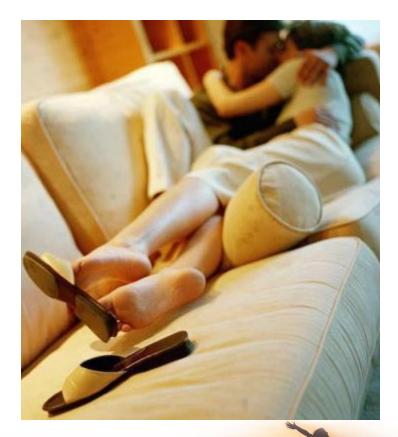
- Type Three: Create a romantic experience for yourself
- Type Four: Your partner creates a romantic experience for their self



Radical Sex



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- Desire and arousal are not correlated



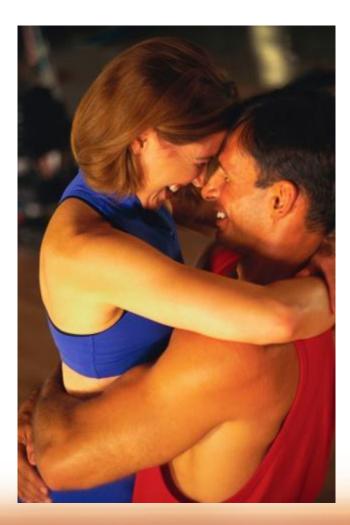
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- Having sex increases interest in sex
- ♦ Desired frequency ⇒
 higher satisfaction

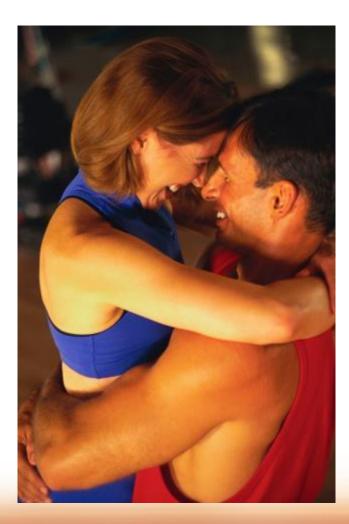


Radical Sex Benefits



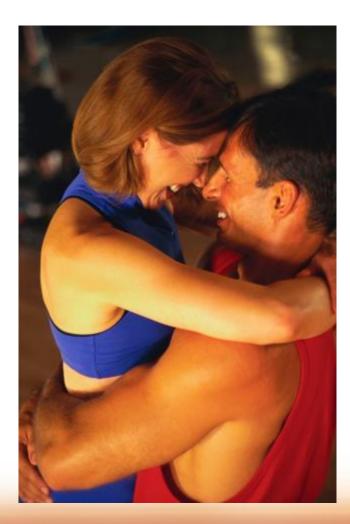
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Radical Sex Benefits



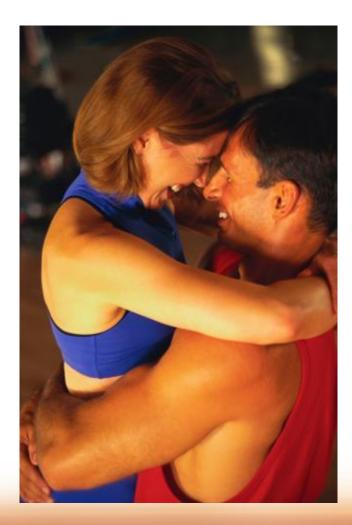
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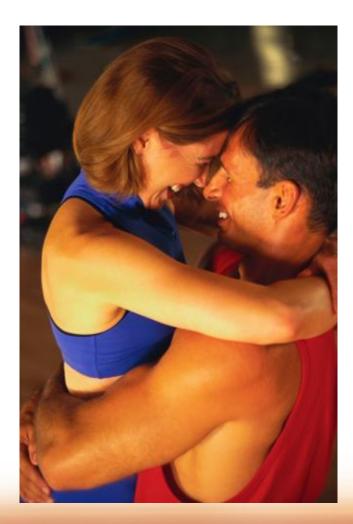
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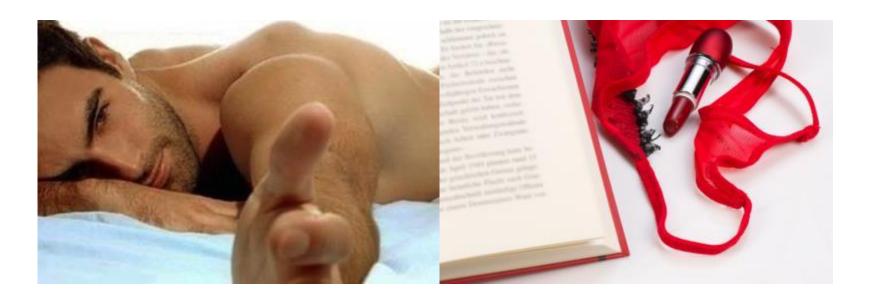


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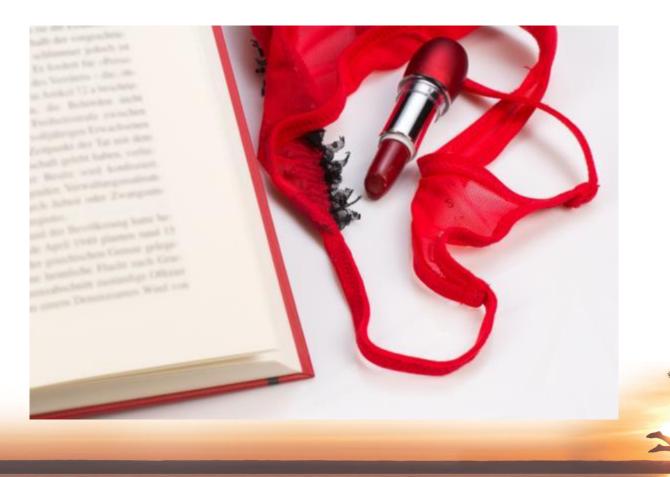
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- Lowers stress and blood pressure
- Boosts immune system and burns calories
- Promotes emotional closeness
- Promotes better sleep
- Feels good!



Seven Strategies for "Good" Sex



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 Strategy #3: Prioritize your Partner's Fulfillment



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- Strategy #5: Expand beyond traditional intercourse

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Radical Marriage Your Relationship as Your Greatest Adventure

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The Platinum Rule

- You cannot be happy and successful and fulfilled living within your comfort level
- Vision: You must first be able to see it to get it
- Handling fear "Yes, Yes, Hell No!"
- The Platinum Rule
- It doesn't matter where you've been, what matters is where you're going, and how you'll get there



Five Strategies for Radical Living

Strategy #1: Dream







Strategy #1: Dream

 Strategy #2: Stay in the question

Radical Marriage Your Relationship as Your Greatest Adventure



Five Strategies for Radical Living

- Strategy #1: Dream
- Strategy #2: Stay in the question
- Strategy #3: Get support

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Five Strategies for Radical Living

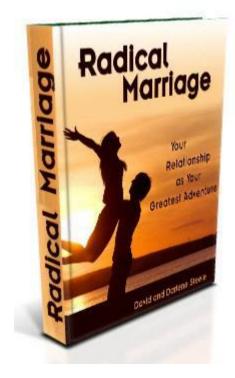
- Strategy #1: Dream
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- Strategy #4: Keep moving forward



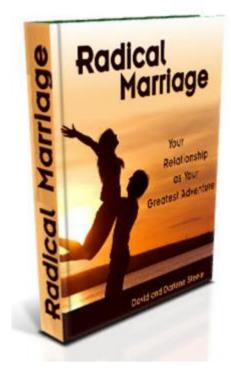
Five Strategies for Radical Living

- Strategy #1: Dream
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- Strategy #5: Believe

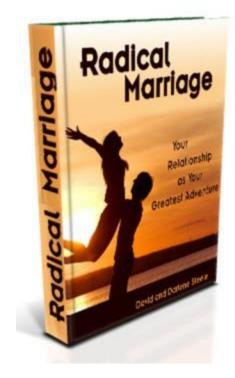
 It's one thing to know what to do, it's another to actually do it



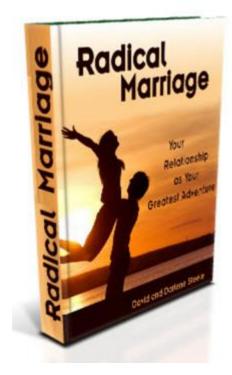
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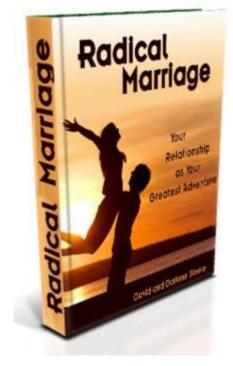
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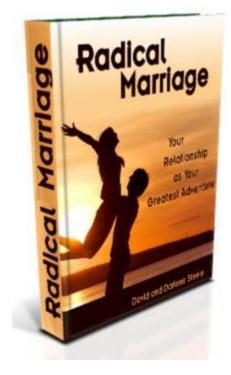
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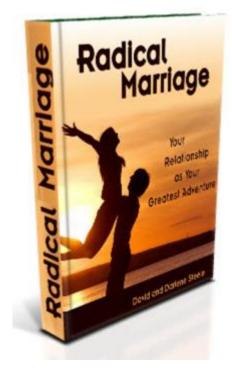
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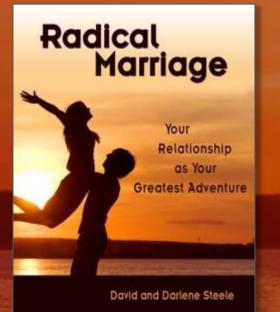


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